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Take Steps to Prevent Bullying By: Sophie Johnson

At least once during your academic career, you've probably witnessed or experienced some form of bullying. According to DoSomething.org, "In the U.S. 1 in 5 students ages 12-18 has been bullied during school." There are many forms of bullying with the most prevalent types being physical and verbal.

Physical bullying may come to your mind when you think of bullying and is when someone hurts someone physically or their possessions. Actions the bully may take include pushing, hitting, taking, or breaking someone's belongings, etc.

Verbal bullying is another prevalent form of bullying, however, it may be harder to detect. This form of bullying is often spoken or written with the intention to scare or intimidate the victim. The bully may resort to name-calling, threaten to cause harm, taunt the victim, etc.

Bullying can have an extremely negative impact on a person's life so it is important to take steps in order to prevent it. If you or someone you know is being bullied it is important you reach out to an adult.

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Students stand beside Mrs. Bosheff's anti-bullying sign

When asked about ways the student body can prevent bullying Mr. Carkido said, "If you are a bystander you can help by standing up for the victim or go up to them afterward because the victim may not reach out for help and choose to suffer in silence in fear."

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EDITOR IN CHIEF: MR. BACKUR

Continued... The actions of bullying affect both the victim themselves and the bystanders who witness it. According to pacer.org, "Students need not be targets of bullying to experience negative outcomes. Observing bullying is associated with adverse mental health outcomes."

Our guidance counselor Mrs. Bosheff says, "Bullying is an important topic we can not ignore because it negatively affects everyone involved, and for the victims, it may cause them to harm themselves or worse."

If you or someone you know is being bullied it is encouraged that you reach out to a teacher or administrator. Bullying must not be ignored and must be taken seriously. For any additional information regarding bullying, sources such as DoSomething.org and Pacer.org provide lots of clear and helpful information.

Winter Sports Preview

By: Aiden Booth

The football team faced Danville in the first round of the playoffs and fought as hard as they could, but ended up losing 51-7. However, the fact that we made it to the playoffs was a huge accomplishment for not only the team, but for the program and Coach Williams! They end the season with a record of 5-6.

The boy's cross-country season has come to a close. They ended strong and made it to Districts, but couldn't make it further as they had to face some tough teams including Maplewood and Ridge. However, Sophomore Joey Cappuzzello made it to the state meet and placed 59th. Altogether, this team had a great season and made the best of the team that they had. Congratulations on a great season.

The girl's cross-cross team made it past Districts and Regionals and then to the state meet. They battled hard against some tough teams there! Altogether they gave it their best and we are so proud of them for making it to that level!

Now, it is finally that time of the year again and basketball season has begun. Boy's basketball tryouts were the week of October 29. The team began practicing the following week and so far it's looking like we will have a good team. As some players like Drew Zajack, Kyle Puckett, and Casey Miller recoup from their long football season, other players are getting themselves ready for the season now.

I interviewed senior starting point guard Wyatt Wolford and asked him if he was excited about the new season coming up. He said, "Yes I am really looking forward to a great season. The team is looking good; we have a lot of new faces and players. A couple of our athletes are banged up from their last sport football, however, once they are healthy we will be a strong, full team. Looking forward to a great start."

When asked about goals he is hoping to accomplish this season, he responded, "We wanna have a better record than we have had the last few years and get back to being a winning basketball program."

The girl's basketball team had their tryouts the week of October 29 as well, and as some cross country runners recoup from their long season like Gracie Callow, others prepare themselves now. Practices started the following week of tryouts. The team is said to be looking strong and good this year so that excites us to watch as their season unfolds.



Last year's bowling team's last game before Zach Bregar headed off to state Photo Credit: Garek Deluga

McDonald Girls and Boys bowling has begun. Sign-up sheets were out for the week of October 22 and for the week of October 29. Practices and tryouts will be held soon. In the meantime, team members are independently preparing for the season. Both teams are looking strong this year and are ready to go.

Junior bowler Garek Deluga said, "I feel really good. I am excited to have a fresh start and get to bowling." When asked about goals he said, "We definitely, as a team, want to make state, and personally I just want to get a new personal record better than my best last year."

Students Use Field Experiences for Authentic Learning Opportunities

By: McKenzie Orlandi

There are so many fun and engaging ways to learn at McDonald High School. Lately, students have traveled on field trips with the Art Club to Cleveland, the freshmen listened to a survivor of the Holocaust at Stambaugh auditorium, and the seniors attended YSU Penguin Preview day.

Art Club

Members of the Art Club explored Cleveland on November 9th. Students left at 8:00am and returned to school around 6:00pm. During their journey, students viewed art from several places including the Cleveland Museum of Art and 78th Street Studios, which is the largest fine arts gallery in Northeast Ohio.

While on their journey, art club members ate in Little Italy at Mama Santa's and then had guided tours around the shops and art museum.

Junior Anabela Merola said, "It was a fun, good experience because we got to see a lot of things like artists we hadn't seen before in the Cleveland Museum of Art and the 78th Street Studios."



Members of Art Club take a group photo on the stairs of the Cleveland Museum of Art Photo Credit: Sophie Johnson

Holocaust Speaker

The freshmen went to Stambaugh Auditorium on Thursday, November 9, 2023 at 10:00am to hear 94 year old Holocaust survivor Arthur Gelbart speak for two hours about his experience during World War II.

During the time, the freshmen heard a first-person account of his life during the Holocaust and what happened after it was over, specifically recalling his eventual liberation from a Nazi concentration camp.

YSU Penguin Preview

On Friday, November 17 the seniors traveled to Youngstown State University to attend Penguin Preview Day. This was a great experience for both students who are interested in attending YSU and who may be pursuing a college education.

On the trip, seniors got to see the campus and get a tour around YSU to experience how college is going to be and give them an idea of what college they might want to go to.

Students had to pre-register with YSU and declare a broad field of interest. After exploring the booths at the Field House, students went with other students interested in the same field. On their tour, students were able to visit the different colleges on campus and attend a series of hands-on demonstrations and activities related to the field.

This experience allowed seniors to have an idea of what their future might look like if they decide to go to college.

Editorial: What I am Thankful For

By: Annabelle Smith

As the season for thankfulness is approaching, we all start to think about what we are thankful for in our personal lives. Many times we take what we have for granted and can only see what we don't have instead of what we do. I know I do that all the time, I think about all of the video games I don't have or the homework I have to do. I never stop to think about how lucky I am for those games that I do have or that I get to have a good education. I think we should all try to be more thankful for everything we have in life and appreciate the people around us more often.

I think I am most thankful for the people around me. My family and friends have done so much for me, and there is no way I could ever repay them for it. For example, I am so grateful for my mom and all she has done for me. She has helped and provided for me my whole life and she somehow finds a way to put up with me everyday.

I'm thankful for all of my friends, as they have been there for me when no one else was. I'm so grateful for all of those late night calls and the silly videos we send to each other to make us laugh. I honestly don't know where I would be without them and I can't thank them enough for being there for me through all of these years.

I'm also thankful for those small things in life. I'm thankful for being able to have all of the books I do, for getting to see my cousins, aunt, and uncle every day, and for the online games I get to play with my friends. In the end, I'm thankful for my life: that includes everyone and everything in it. I

know I will take my life for granted in the future, but I hope every time that happens I take a step back and instead look at how lucky I am for all of the things I have, not sad over the things I don't.

Movie Review - The Nutcracker and the Four Realms By: Aiden Booth



This is a family fun movie that has quite the plot. The young girl Clara needs a magical key to unlock a box containing a priceless gift. She follows a golden thread that leads her to the coveted key, however the thread disappears and she finds herself in a strange and mysterious parallel world. She meets all kinds of people in the new and strange world that help her to find the key, but she faces challenges and finds out things about certain characters that make her naïve about the whole situation. Finally, though, she enters a fourth realm to retrieve the key and she does indeed restore harmony to the unstable land.

This is a great wintertime film to watch when it's cold out and you are bored or stuck in the house. It has lots of action and adventure to it, and it's only about an hour and forty minutes long. The Disney movie is rated PG so it is definitely a movie that kids and adults can enjoy together.

One thing I do not like about the movie is that when you think of the Nutcracker, typically you would think of dancing. Well, the movie does not include hardly any dancing, but is more focused on the plot and the adventure. Some included dances would be nice, however it does not make the movie a bad movie.

Overall, I would rate this movie an 8/10. It is very fun to watch and has great visuals and everything shown in the movie is done in great detail. It is also age-appropriate across the board so that opens the audience up a lot. I definitely recommend you give it a watch next time you are all stuck in the house because of the cold weather, or even if you are just bored.

Outstanding Staff: Mr. Williams

By: Sophie Johnson

Mr. Williams is our physical education teacher and head football coach. He teaches grades 7-10 gym classes and 9th grade Health.

Mr. Williams has been teaching for a total of 31 years. He taught at Jackson-Milton for 5 years and has taught here for 26 years. He has coached for 32 and has been a head coach for 26 years, two of which were when he was teaching at Jackson-Milton.

He says his favorite part of working here is having great kids and being in his hometown. Mr. Williams said, "It feels good to give back to the community I grew up in."

When asked why he wanted to become a teacher, Mr. Williams said, "I enjoy working with kids and I love being able to watch them grow and achieve their goals." Mr. Williams shared that, at first, he did not choose teaching but instead chose to major as a respiratory therapist. He settled on teaching because he said he was unable to pass the classes necessary to become certified and decided it was a sign that teaching was where he needed to be.

Mr. Williams says he has learned a lot in his years of teaching and it has also applied to his life outside of school. When asked what his years of teaching have taught him, Mr. Williams said, "It taught me patience because every student is different and some learn differently than others."

Outside of school Mr. Williams shared that he enjoys golfing, hunting, traveling, spending time with his family, and spoiling his grandkids.

Many students think Mr. Williams is a great teacher. When asked what his favorite thing about Mr. Williams was, 8th grader Joshua Krumpak said, "He's a good coach with a great coaching ability. As a teacher, he cares about his students and always builds strong relationships with them."



Music Review: Mariah Carey's *Merry Christmas* Album By: Aiden Booth

It is here. It's that time of year once again! Christmas music has begun and stations all over the radio have started their twenty-four-hour around-the-clock Christmas music. Whether you like it or don't like it, it's something we all have to deal with and if you don't like it, well at least make it as good for yourself as you can and listen to Mariah Carey's *Merry Christmas* album.

This album has 13 total songs and consists of almost forty-five minutes of Christmas music. This includes some religious songs like "O Little Town of Bethlehem" and also has non-religious songs like "Here Comes Santa Claus." However, the most famous hit on this album for Mariah Carey is most definitely her song "All I Want for Christmas Is You." She makes three million dollars a year off this one song alone and has been number one on Billboard charts four times! All in all, the song can be considered a staple of this album.

The only thing I could say I don't like about the album is in some of the songs. I wish she would have done a harmony with someone else rather than try and do it all herself. For example, in the song, "O Holy Night," it would sound so good if she found a male voice to harmonize with her, but she took the song upon herself and it just sounds to me like there could be more to it.

However, I love this album and if I had to give it a rating I would give it a 9/10. There are so many good things about it like the variation in types of Christmas music from religious to fun and festive. Carey is a great singer so she performs every song wonderfully. I would most certainly recommend this Christmas season. Listen to this album and I just about guarantee it will get you in the Christmas spirit.



People on the Street By: Sophie Johnson

What's your favorite board game and why?



Juniors William Van Meter and Louie Bracco:

"Monopoly because it teaches you real estate and how to get rich."



Senior Jenna Helco:

"Trivial pursuit because it lets me use my useless knowledge and makes me feel smart."



Senior Isabella O'Brien:
"Operation because it makes me
want to be a doctor."



"ET: The Board Game because it's cute and has a mini ET game piece."



Top 10 Thanksgiving Foods By: McKenzie Orlandi

- 1. A perfect turkey
- 2. Good stuffing is key to a successful Thanksgiving dinner.
- 3. Yams
- 4. Pumpkin Pie
- 5. Mashed potatoes with gravy
- 6. Sweet Potato Casserole
- 7. Green Bean Casserole
- 8. Cranberry Sauce
- 9. Rolls with butter or honey
- 10. Homemade Mac and Cheese



Backpage Pics!

By: McKenzie Orlandi

Photo Credit: Leena Farhan

